

Easy Read

Our newsletter: July 2026

This tells you what we did in July. And what is coming up in August.



You can ask someone to read this with you.
That could be a friend, a family member, or a support worker.



Some words are **bold**.
We explain those words in an orange box.

1

Meet David



David is in our **spotlight** this month.
He has lived in Wollondilly for about 5 years.

Spotlight

Each month we get to know 1 person who uses our support.
We ask them some questions.



David's daughter makes him smile.



David is good at lawn bowls.
He wants to win a bowls tournament.



David is proud that he had his operation.

2

Meet Katie



Katie is our **Employee of the Month**.
She has lived in Wollondilly for 5 years.

Employee of the Month

Each month we say thank you to 1 of our workers.
We give them flowers.



Katie has her own photo booth business.



One day Katie wants to go sky diving.



Katie is proud of helping people reach their goals.

3

What we did in July



We went to the Illawarra Light Railway Museum.

We rode on a steam train.

Chaice said it was the best day ever.



We went to Chill Fest in Campbelltown.

We went on rides and ate yummy food.

Everyone chose the rides they wanted.



Our **walking group** went to Picton Botanic Gardens.

Darcy came for the first time.

Walking group

A group of people who go for a walk together.

We go every Thursday.



We had a BBQ Grill and Chill.

We played soccer.

It rained a little bit.



Our walking group went to Spring Farm Lake.

We walked on a flat path around the lake.

4

Coming up in August



We go on a trip every **Tuesday**.

We go for a walk every **Thursday**.

Tuesday 4 August

Walk at South Lawson Waterfall Circuit, and lunch at a pub

Thursday 6 August

Walk at Berrima River

Tuesday 11 August

Games at Timezone in Illawarra, and lunch

Thursday 13 August

Walk at Dairy Rd Trail, The Oaks

Tuesday 18 August

Movies and popcorn. We pay for your ticket.

Thursday 20 August

Walk at Cave Creek, Hill Top

Tuesday 25 August

Day trip to Berrima

Thursday 27 August

Walk at Lake Alexandra, Mittagong



We drive you to most trips.

Bring money for lunch.



Sometimes a date has to change.

Ring us to check before you go.

Do you want to come?

(02) 4683 2377

Ring us. We will organise it with you.

5

NDIS news

NDIS

NDIS is short for the National Disability Insurance Scheme.

It is money from the government to pay for the support you need.



From 1 July 2026, **support worker** prices went up.

1 hour of support now costs a bit more.

Support worker

A person who comes to help you.

They can help you at home or when you go out.



The money in your plan stays the same.



But it might pay for fewer hours of support.

Do you have a question about this?

(02) 4683 2377

Ring us. Ask for your support coordinator.

6

Fun things near you



Garden talk in Picton.

Thursday 13 August at 5 pm.

Learn how to grow food in your garden.



Service NSW bus in Tahmoor.

Thursday 20 August.

You can renew your licence and do other forms.



Café Connect in Tahmoor.

Tuesday 25 August.

A free talk about planning your future health care.

You need to book.



The Oaks Family Markets.

Saturday 29 August.

There are stalls, food and farm animals.

7

Notices



A 2-bedroom unit is free at Taara Gardens.

Ring Jenny on 0418 265 416.



Thank you to Flower Mama in Tahmoor.

They give us the flowers for our Employee of the Month.

That is the end

Thank you for reading.

See you next month.